



MINUTES OF BOARD OF HEALTH MEETING

January 5, 2022

Call to Order: Meeting was called to order by Chair Peer at 6:00 p.m.

Board of Health Members Present: Chair Peer, Dr. Meyers, Dr. Winter, Debra Kolste, Supervisor Williams, Supervisor Rynes.

Board of Health Members Absent: Dr. Somaraju, Eric Gresens, Supervisor Clasen.

Staff Members Present: Katrina Harwood – Health Officer/Director; Rick Wietersen – Environmental Health Director; Jill Camber-Davidson – Public Health Supervisor; Alison Chouinard – Public Health Supervisor; Shari Faber – Health Educator; Ashley Franke – Public Health Planner; Nick Zupan – Epidemiologist; and Melissa DeWitt – Public Health Support Specialist.

Others Present: Terri Carlson – Risk Manager; Steve Smith – Community Health Systems; Danica Keeton – Community Health Systems; Yuri Rashkin – County Board of Supervisors; Rich Bostwick – County Board of Supervisors; Sheryl – Citizen.

Roll Call

Chair Peer asked for the roll call. At roll call Chair Peer, Dr. Winter, Dr. Meyers, Debra Kolste and Supervisor Rynes were present. Supervisor Williams joined after roll call. Dr. Somaraju, Eric Gresens and Supervisor Clasen were not present. 5 PRESENT. 4 ABSENT.

Adopt Agenda

Dr. Winter made a motion to adopt the agenda. Debra Kolste seconded the motion. MOTION APPROVED.

Approval of Minutes – 12/1/2021

Debra Kolste made a motion to approve the minutes of the 12/1/2021 Board of Health meetings. Dr. Winter seconded the motion. MOTION APPROVED.

Citizen Participation

New Business

Administrative Division

Review of Payments

The Board reviewed the Health Department's December payments in the amount of \$11,190.43.

Transfer of Funds Over \$5,000

No transfer of funds over \$5,000.

Presentation – Community Health Systems

Steve Smith and Danica Keeton both presented on Community Health Systems Behavioral Health Expansion in Response to the COVID-19 Pandemic.

- Community Health Systems Mission Statement
 - “Comprehensive Care for Our Community.”
- The impact of COVID on mental health and substance abuse
 - Prolonged periods of isolation has increased symptomology and limited development of healthy coping skills
 - For children, the needs are still emerging, and the Surgeon General's 2021 Protecting Youth Mental Health report stated: “The pandemic era's unfathomable number of deaths, pervasive sense of fear, economic instability, and forced physical distancing from loved ones, friends and communities have exacerbated the unprecedented stress young people already face.”
 - A KRFF Health Tracking Poll for adults found:
 - 36% reported increased difficulty sleeping
 - 32% had developed unhealthy eating patterns
 - 12% had experienced an increase in alcohol/illicit substance abuse
 - 12% reported worsening chronic physical conditions due to worry/stress
- Impact of Funds
 - Will allow for expansion into a 12,500 sq. ft. area that would include therapist offices, virtual offices, group rooms, and psychiatric resources
 - Project is shovel ready
 - Allows CHS to keep mental health and substance abuse on-site for easier access into medical and dental services
 - Will provide adequate space to meet the needs will arise as we transition back to site-based services and allow for us to expand and build out a robust child & adolescent program

If anyone has additional questions, you can reach out to Danica, Communications Specialist at dkeeton@chsofwi.org or Steve at 608-957-7954

Resolution: Allocating American Rescue Plan Funding to Community Health Systems to Expand Behavioral Health Services in Response to the COVID-19 Pandemic

NOW, THEREFORE, BE IT RESOLVED that the Rock County Board of Supervisors duly assembled this _____ day of _____, 2022, does hereby allocate \$350,000 in American Rescue Plan Act (ARPA) funding to Community Health Systems, Inc., to expand its facilities in order to provide increased space for the provision of behavioral health services.

BE IT FURTHER RESOLVED, the 2022 Rock County budget be amended as follows:

Account	Budget 1/1/2022	Increase (Decrease)	Amended Budget
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Source of Funds	\$10,739,760	\$350,000	\$11,089,760
19-1980-0000-42100			
ARPA Funding			
Use of Funds	-0-	\$350,000	\$350,000
19-1980-1102-64604			
Program Expenses			

Dr. Winter made a motion to accept the resolution. Debra Kolste seconded the motion. MOTION APPROVED.

Health Department Report

COVID Response Update

Katrina Harwood shared a slideshow of the representation of the work that the Health Department is involved in for the county-wide COVID-19 response. The CDC has released new recommendations for isolation and quarantine, which decreases the time of isolation and quarantine to 5 days. This does of course come with some caveats, which doesn't necessarily apply to every situation. The Rock County Public Health Department is aligning with these new recommendations. The Contact Tracing team is experiencing a surge in cases and are doing a great job in keeping up with as many cases as they are able to take. Regarding vaccinations, the Rock County Public Health Department continues to hold COVID-19 vaccine clinics each week on Wednesday, from 3 p.m. – 7 p.m. These clinics will run through at least the end of January and will be contingent on the volume of people requesting to be vaccinated. First, second and booster doses of the Pfizer vaccine are available at these clinics. Communications have been very busy from the Rock County Public Health Department, especially with the updated CDC guidance.

Surveillance: Nick Zupan provided the Board members with the current COVID-19 data.

RCPHD Program Spotlight

1815 Chronic Disease Grant

- Goals
 - Prediabetes
 - Increase knowledge about risk factors – take the risk test
 - Increase access and use of National Diabetes Prevention Program (NDPP)
 - Diabetes
 - Increase team-based care

- Increase access to and use of Diabetes
 - Self-Measured Blood Pressure
 - Increase access to and use of home blood pressure monitoring with link back to health care providers
- Prediabetes
 - One in three adults have prediabetes
 - 84% of people with prediabetes don't know they have it
 - Can be reversed with lifestyle changes
 - No active National Diabetes Prevention Program (NDPP) in Rock County
- Diabetes
 - Body either doesn't make enough insulin or can't use the insulin it makes as well as it should
 - DSMES reduces hospitalizations and minimizes onset and/or advancement of diabetes complications
 - Access to DSMES is limited and underutilized
- Self-Measured Blood Pressure
 - High blood pressure is common and the leading cause of heart disease and stroke
 - Many people don't know they have high blood pressure or don't properly manage it
 - Medication and lifestyle changes can reduce high blood pressure
 - Monitoring it at home helps people take control of their own health
- What can you do?
 - Prevent diabetes
 - Take the prediabetes risk test, www.preventdiabeteswi.org
 - Talk to your doctor if you are at risk
 - National Diabetes Prevention Program
 - Research shows a structured lifestyle intervention can cut the risk of type 2 diabetes in half
 - Manage diabetes
 - Manage to avoid complications
 - Diabetes Self-Management Education and Support (DSMES) classes or Healthy Living with Diabetes
 - Council on Aging needs leaders for this class
 - Self-Measured Blood Pressure
 - Important to monitor blood pressure & sharing with doctor
 - Insurance will cover in some cases (Medicaid – yes, Medicare – no)
 - Loaner programs are available
 - SMBP Loaner Programs
 - NEW! YMCA in Janesville, Milton and Beloit now have home blood pressure monitor loaner programs and Creekside Place in Evansville
 - Monitors are loaned out for 30 days
 - Please help spread the word on this valuable program!

Budget

- 2021 Year to date expenses (as of 12/31/21)

<u>Budget</u>	<u>Actual</u>	<u>Encumbrance</u>
\$5,573,464.00	\$4,385,939.03	\$886.04

- Memo – Semiannual report on conferences 7/1/21 – 12/31/21



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Workforce

Katrina Harwood reported on current workforce updates.

New staff

- Public Health Data Scientist (Zach Palmore to start in February)
- Public Health Strategist (Christine Randall to start 1/10)
- Public Health Strategist (Courtney Nathan to start 1/24)
- Intern (John Ping, University of Northern Illinois MPH student)

Current Position Vacancies

- Public Health Strategists – 2 other positions (interviews complete, announcements to come)
- Public Health Nurse (interviews scheduled)
- Environmental Health Specialist (position closed 12/30)

Workforce Development Strategy

- Area Health Education Center (AHEC) Intern Placement

Communications and Announcements from Staff and Board Members

Adjournment

Supervisor Williams made a motion to adjourn the meeting. Dr. Meyers seconded the motion. MOTION APPROVED. Meeting adjourned at 7:09 p.m.

Respectfully Submitted,

Melissa DeWitt, Recorder

Not Official Until Approved by the Board of Health