



Minutes - March 15, 2023

Call to Order: The meeting of the ADRC Aging Unit Nutrition Advisory Committee was called to order at 9:00 a.m. by Sherril Gilbertson; the meeting was held in-person, with the option of attending via Teams, in Board Room (J1041), at the DWRC, 1717 Center Ave., Janesville, Wisconsin

Roll Call: Present: Pam Bostwick, Pat Burhans, Karen Ferguson, Sherril Gilbertson, Debbie Kraus, Sue McGinniss, Janice Turner, and Chuck Wilson

Absent: Tricia Clasen

Staff: Cori Marsh, Shannon Colson, Linda Hardie, Tatiana March, and Lisa Messer

Introduction of Visitors: Amy Karas, from Nutrition and Health Associates; David Daniels and Kathy Hansen, from Best Events Catering; Kevin Dyrland, Human Services Analyst; Leslie Regenold

Approve Agenda: A motion was made by Sue McGinniss, seconded by Janice Turner to move section 10, item B under section 5. Motion carried.

Approval of Minutes:

February, 15, 2023 ADRC Nutrition Advisory Board Minutes: A motion was made by Janice Turner, seconded by Debbie Kraus to approve the minutes. Motion carried.

Citizen Participation, Communications and Announcements: Chuck stated Beloit Meals on Wheels will be kicking off their annual fund-raising campaigns this month. Cori told the committee about upcoming Health Promotion classes Lisa Messer is holding.

Staff Report:

Volunteers: The program lost one volunteer driver at the beginning of the month, but received a new volunteer driver on March 3 and three new volunteer drivers on March 8. One additional person expressed interest but has not responded to emails.

Statistics: Linda went over program statistics which were included in the agenda.

Happenings: March is National Nutrition Month. Linda received an email that the Senior Farmers' Market Vouchers issued this year will be \$35 per booklet, rather than the traditional \$25; some information about income eligibility for the vouchers was also received, but specific details were not available. St Patrick's Day meal will be served tomorrow at all the dining sites.

Old Business:

Requested Budget Overview: Cori gave an overview of the 2022 budget. See attached. Sue requested a hard copy of budget reports to be included in the agenda going forward.

New Business:

No New Business:

Reports:

Best Events: Kathy spoke of the challenges with price increases. Best Events would like to see the meal contract finalized.

Nutrition & Health Associates: First quarter nutrition site visits are completed. Amy discussed portion control, labels, and tips about eating out. She reports that diners were very engaged and had good participation. Amy will be holding a Stepping Up Your Nutrition class on June 14 at the Clinton Senior Center.

Dining Center Visits: Nothing to report

Home Delivered Meal Ride-Along: Beloit Meals on Wheels had two senators ride alongs on home delivered meal routes in Beloit.

Next meeting date and time: May 17, 2023 at 9:00 am

Adjournment: A motion was made by Sue McGinniss, seconded by Chuck Wilson, to adjourn the meeting. Motion passed. The meeting adjourned at 9:37 a.m.

NOT OFFICIAL UNTIL APPROVED BY COMMITTEE.

Nutrition Budget/Expenses 2022

	Congregate	HDM	Total
Contributions	\$ 32,973.98	\$ 105,197.70	\$ 138,171.68
In kind/match	\$ 42,449.00	\$ 173,111.00	\$ 215,560.00
GWAAR	\$ 258,074.00	\$505,492.00	\$ 763,566.00
Expenses	\$ 270,008.23	\$623,407.57	\$ 893,415.80
ARPA (already added in GWAAR)	\$ 56,010.00	\$105,970.00	\$ 161,980.00
Profit (pos) or Loss (neg)	\$ 21,039.75	\$ (\$12,717.87)	\$ 8,321.88