



ADRC - AGING UNIT NUTRITION ADVISORY BOARD MINUTES
Wednesday, February 16, 2022

Call to Order: The meeting of the ADRC Aging Unit Nutrition Advisory Board was called to order at 9:00 a.m. by Sherril Gilbertson, who was filling in for Chuck Wilson; the meeting was held in-person, with the option of attending via Zoom Conference, in the Ash Conference Room (E1042), at the DWRC, 1717 Center Ave., Janesville, Wisconsin.

Approval of Agenda: A motion was made by Sue McGinness, seconded by Karen Ferguson, to approve the agenda. Motion carried.

Roll Call:

Present: (via phone call or Zoom) Pam Bostwick, Karen Ferguson,
Sherril Gilbertson, Sue McGinness, Janice Turner,

Excused: Patricia Burhans, Rena DeWar, Debbie Kraus, Chuck Wilson

Absent: Tom Brien and Jack Kooyman

Staff Present: Jennifer Thompson, Cori Marsh, Linda Hardie, Tatiana March,
Shannon Colson

Introduction of Visitors: Amy Karas, Nutrition & Health Associates

Approval of December 15, 2021 Minutes: A motion was made by Janice Turner, seconded by Karen Ferguson, to approve the December 15, 2021 minutes. Motion carried.

Citizen Participation, Communications and Announcements: None.

Staff Report:

Staffing: Cori Marsh, the new Supervisor for the ADRC-Aging Unit, introduced herself. She had been the Dementia Care Specialist at the ADRC previously. Linda Hardie reports the Nutrition Clerk Position has recently been filled; Rene Wisdom started on January 21, and is getting oriented to her duties. Cindy Miles, the newest Pool (substitute) Nutrition Site Manager, has been shadowing site managers to become more comfortable with her role.

Volunteers: Janesville has two new volunteer drivers. One was recruited by an existing driver, and the other by Tatiana March, Nutrition Program Assistant. More volunteers are needed, especially because of the anticipated addition of a seventh route for home delivered meals in Janesville. The current six routes in Janesville are almost fully staffed. There are two more

people who have started volunteering in the kitchen at The Gathering Place in Milton. These recent additions to the volunteer team are a great help.

Happenings: A citizen by the name of Cheryl called and arranged to drop off 150 handmade miniature Valentine mailboxes with candy inside. These Valentines were handed out to recipients of the home delivered meals on Monday, February 14. Two weeks ago, a staff member at KandU/Best Events, asked if it would be permissible to distribute Valentines created by KandU clients, to home delivered meal recipients in Janesville. The clients did an excellent job; their handiwork was distributed on Tuesday, February 15. Linda is hopeful this is something KandU will do again in the future. In January, a UW-Whitewater sorority inquired about creating cards for meal recipients. A sorority member will deliver these spring-themed cards to the ADRC on Friday, Feb. 18, for distribution to home delivered meal clients. Amy Karas noted that someone in Clinton sometimes decorates the white bags for meal delivery. The seniors greatly enjoy receiving these cheery tokens of care with their meals.

New Business:

Future Meetings: Jennifer Thompson reports that at present there have been no integrated ADRC Advisory Committee meetings scheduled because of being short of a full board representing all the required demographic groups. She inquired of a contact at the state level as to whether it would be permitted to meet while waiting for a full board. She is waiting to hear back from four different people as to whether they wish to be a part of the integrated advisory committee. Sherril Gilbertson confirmed that she would continue to serve, as did Janice Turner (depending on when the meetings are held). Jennifer is still trying to find a convenient time to hold the integrated board meetings, which would be back-to-back with the Nutrition meeting. It is expected that the new integrated ADRC Board will likely meet every two months. The Nutrition Board will continue to meet on the same schedule (the third Wednesday of the month) until a new time is established. A question was raised about the required number of meetings per year according to the bylaws. Linda will investigate.

Old Business: None

Reports:

Best Events: No one present

Nutrition & Health Associates: Amy Karas reported that she spent the last six weeks finalizing the spring/summer menu, finishing site visits, and writing nutrition education articles. She will be gone for several weeks, so some classes will be delayed due to her absence. There is expected to be a Healthy Eating class commencing in May or June. One challenge is that some venues do not require masks, but the Greater Wisconsin Agency on Aging Resources (GWAAR) does require that masks be worn for the classes. Amy will contact Debbie Kraus at Grinnell Hall regarding possible future classes.

Dining Center /Curbside Pick-up Meal Visits: Nothing to report

Home Delivered Meal Ride-Alongs: Janice Turner, Jennifer Thompson, and Cori Marsh expressed an interest in doing a ride-along on a home delivered meal route.

Adjournment: A motion was made by Sue McGinness, seconded by Karen Ferguson, to adjourn the meeting. Motion carried. Meeting adjourned at 9:45 a.m.

Minutes not official until approved by the ADRC - Aging Unit Nutrition Advisory Board.